



**INTREPID
WELLNESS**
Performance PT

Physical Therapy for Horses & Riders

Restore, optimize and enhance performance for you and your horse. Set up a discovery call and let's make a plan!

"Good performance starts with wellness"



EQUINE TREATMENT

Movement analysis, treatment with bodywork (manual therapy & modalities), tack fit assessment, and a recommended exercise program.

Price range: \$60-\$165



RIDER TREATMENT

A physical therapy and/or biomechanics riding lesson is very effective to help you deal with those painful areas, restrictions, and weaknesses that affect your ride.

Price range: \$60-\$165



EQUINE REHAB PROGRAM

In-barn rehab program to help your horse recover from an injury. This program provides intensive physical therapy, therapeutic exercise, and close collaboration with veterinarians.

Price: \$395/week



VIRTUAL SESSIONS

This is a great option if we aren't able to work together in person, or you're receiving virtual training for fitness or rehab programs.

Price: Varies based on package



IW365

My signature program to help you get fit to ride, develop a resilient and calm mindset, and learn the best horse management practices.

Starts at \$29/month



MASTERCLASSES

The Soundness System masterclass series teaches you a system for keeping your horse sound and performing well. Check out the website for details.

CALL/TEXT
208-761-3111

WEBSITE
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